Five Smooth Stones of Wilderness Theology: Ideas for Trail Content by Ashley Denton	Tempo: Jesus had a rhythm of hard work and regular retreat	Timing & Terrain: The setting of Creation & timing of when Jesus taught are key to experiential learning (teachable moments)	Trials: Physical, emotional, intellectual, & spiritual challenges forge our character into the likeness of Jesus	trust in Him. There's no actual risk in trust-	Training: Leadership is more about who you are than what you do. Healthy leaders multiply healthy ministry.
Awareness of God's existence, presence, & character	How does having a tempo/rhythm in one's life help them become & remain AWARE of God's existence & presence in their life?	How does the special setting of the wilderness (Creation) offer teachable moments to help people become AWARE of God's existence, presence, and character?	How do physical, emotional, intellectual, and spiritual challenges in the wilderness environment help people become AWARE of God's existence, presence, and character?	How does risk-taking in the wilderness setting help people become AWARE that God really exists and that He is fully trustworthy?	How does is the wilderness setting an ideal environment for TRAINING people how to grow as a disciple through developing deeper AWARENESS of God's presence & character?
Belief in Jesus Christ	How does having a tempo/rhythm in one's life help them BELIEVE and put their faith in Christ either for the first time (new Believer) or on a daily basis (Believer)?	How does the special setting of the wilderness (Creation) offer teachable moments to help people BELIEVE in Jesus Christ and trust Him fully?	How do physical, emotional, intellectual, and spiritual challenges in the wilderness environment help people BELIEVE in Christ and trust Him fully?	How does risk-taking in the wilderness setting help people BELIEVE that God really exists and that they can fully entrust their lives to Jesus Christ as their Lord?	How does is the wilderness setting an ideal environment for training people how to really BELIEVE the Gospel on a daily basis and how to introduce others to Jesus Christ (sharing)?
Experiencing Biblical Community	How does having a tempo/rhythm in one's life help them experience Biblical COMMUNITY the way Christ intends community to be enjoyed?	How does the special setting of the wilderness (Creation) offer teachable moments to help people experience Biblical COMMUNITY?	How do physical, emotional, intellectual, and spiritual challenges in the wilderness environment help people experience Biblical COMMUNITY?	How does risk-taking in the wilderness setting help people experience the blessings and reality of Biblical COMMUNITY? How do risks help people trust one another in COMMUNITY?	How does is the wilderness setting an environment for training people how to serve others in COMMUNITY so they'll experience the blessings of community as well as help others experience it?
Finding Freedom and Joy Through Spiritual Disciplines	How does having a tempo/rhythm in one's life help them find freedom and joy through practicing spiritual DISCIPLINES in their life?	How does the special setting of the wilderness (Creation) offer teachable moments to help people find freedom and joy through practicing basic spiritual DISCIPLINES?	How do physical, emotional, intellectual, and spiritual challenges in the wilderness environment help people find freedom & joy through spiritual DISCIPLINES?	How does risk-taking in the wilderness setting help people find freedom and joy through practicing the spiritual DISCIPLINES?	How does is the wilderness setting an ideal environment for training people how to find true freedom and joy through practicing the spiritual DISCIPLINES?
Examen: A habit of Christ-centered contemplation	How does having a tempo/rhythm in one's life help them develop a habit of EXAMEN: Maintaining their focus and attention on Jesus Christ and their relationship with Him?	How does the special setting of the wilderness (Creation) offer teachable moments to help people develop a habit of EXAMEN: to learn how to daily put one's attention on Him?	How do physical, emotional, intellectual, and spiritual challenges in the wilderness environment help people develop a habit of EXAMEN: Christ-centered contemplation?	How does risk-taking in the wilderness setting help people develop a habit of EXAMEN: Christ-centered focus and contemplation?	How does is the wilderness setting an ideal environment for training people how to develop a habit of EXAMEN: A habit of Christ-centered focus and contemplation?